

Annual Report 2015-16



Helping children.
Supporting families.
Strengthening the community.



Residential Treatment / Counseling & Community Services

Autism Services / Adoption / Foster Care / Early Childhood Education

Youth Homelessness / Prevention & Early Intervention / Mentoring

# Dear Friends,

As always, this has been a gratifying year. Our dedicated staff and board members have used our resources to better the lives of more than 22,000 children, youth and families who have entrusted us with their care. We don't view this number as a whole, but as the sum of unique individuals, each with his or her personal story to tell.

It is the telling of those stories, the narrative of the people whose lives we touch, that we are excited to convey in this annual report. You'll read about Codie, a young man who resides at Monarch Boarding Academy and attends the Monarch Transition Education Program (MTEP) and how our team enabled him to identify goals and attain them. How our team of clinical experts nurtured his strengths and interests and provided him with the skills to transition to a life with greater self-sufficiency than ever imagined. With Codie and with all our clients, the common thread is that we view the whole person physically, emotionally and psychologically. *Always*.

And, importantly, we are always thankful to our community for your dedication and support for the children, youth and families who need us most and whose compelling stories keep us all on the same page. Through your ongoing generosity, you have joined us in our mission for excellence... for wellness ... for children.

Robert Wolff *Chair, Board of Directors* 

Adam G. Jacobs, Ph.D. *President* 

# Teen Finds Self-Confidence and Independence at Bellefaire's Monarch Center for Autism

Codie Winbigler's mother, Kelli Kinzer, always knew her son was special. At age 2, Codie used words that would be unfamiliar to many high schoolers. At an eye appointment, he understood the need for glasses because they provided, in his words, "increased magnification." Kelli noticed the way Codie studied packages in the toy aisle as if he was reading each one. In fact, he was.

In preschool, however, Codie's mother and teachers also began to notice that he avoided playing with others and had tantrums and meltdowns more frequently than other children his age. "I just knew something was different," Kelli said, "but I didn't know what it was." It took several more years before Codie received a formal diagnosis of Asperger's Syndrome, a condition along the autism spectrum.

The specialist who evaluated Codie explained to Kelli, "His brain is like an orchestra without a conductor." Despite Codie's intelligence, he struggled with executive functions and sensory overload, sometimes leading to angry outbursts of frustration that involved breaking objects.

As Codie entered adolescence, those outbursts became more frequent and intense, and Kelli realized that a traditional high school environment was not working for him. Finding no resources in their community in Illinois that were equipped to serve Codie's needs, the family began a broader search.

"We toured three facilities looking for the right option for Codie, and there is absolutely nothing that compares to Monarch," Kelli said. "We felt at home the second we walked through those doors."

Codie enrolled in Bellefaire's Monarch Transition Education Program (MTEP) about 18 months ago. The program helps students 14 and older transition from adolescence to adulthood

by achieving independence in numerous critical life skills so they can live and work to their optimal potential. MTEP is housed at Monarch High School in a recently renovated 10,000 square foot building intentionally designed to create a supportive learning environment.

"The difference in Codie has been night and day," Kelli said. He went from having several meltdowns per day to having only a handful in a year. Where before Codie struggled to get out of bed each day, his mother now describes him as "an independent young man who gets himself out of bed, goes to school and work, and keeps his emotions in check."

Monarch staff work closely with Codie every day to help him develop coping mechanisms to deal with his frustration and anxiety. Over time, he has come to trust and befriend the staff members and other residents at Monarch, opening up and communicating more freely.

Codie's Intervention Specialist said it took him a while to adjust since he had never been away from home before. "When he first came, he was very shy

"Ne felt at home the second we walked through those doors."

and anxious," she said. "Now Codie is a confident young man who enjoys his job and is learning to ride public transportation and manage his own bank account."

Codie loves working at a local restaurant, where he said, "The environment is welcoming and friendly. I've formed lots of connections with my co-workers, and I have fun working with them." The long-term goal for Codie after graduation is for him to be able to work and live independently. "I'd like to be a guitarist in a band and live in an apartment close to family," Codie said. Ultimately, he would like to pursue an online degree in fine arts.

Kelli knows this goal would never have been possible without the dedicated and caring staff at Monarch. "I'm so thankful for them," she said. "They are a big, happy family. I can't even describe how amazing they are."

# Year in Review

July 1, 2015 - June 30, 2016

Designated as a Northeast Ohio "Top Workplace" by the The Plain Dealer, Bellefaire JCB continued to make an extraordinary impact on the community by serving more than **22,000** children and their families in FY 2016.

### Thanks to You

Because of the generous support of a caring community, Bellefaire was able to touch the lives of thousands of vulnerable children and families this past year. Individual and corporate donations, along with hundreds of volunteers and participants made the following events a tremendous success:

**20th Annual Biathlon and Walk** Community runners, walkers, cyclists and volunteers took to the streets of Shaker Heights and nearby cities for the 20th Annual Biathlon and Walk. Following the events, everyone enjoyed a post-race picnic on campus with awards, food, activities for kids and entertainment.

**Bowl for Kids' Sake** The Jewish Big Brothers Big Sisters Association held another outstanding Bowl for Kids' Sake fundraiser at Solon Freeway Lanes this year. Presented by Anthem Blue Cross Blue Shield, the 26th annual event featured a fabulous auction, entertainment and fun for all ages.

**Holiday Giving Program** Holiday gifts were collected and delivered to approximately 1,500 children in Bellefaire's programs, thanks to the extraordinary generosity of caring individuals and organizations in our community.

## Going Viral

It started with a 72-hour pop up shop created with the help of Doner Advertising in upscale Legacy Village to raise awareness of youth homelessness. Then came the *Thunderclap*. The social media sharing platform spread the behind-the-scenes video PSA of the faux store, *2nd Look*, and its unsuspecting customers who learned about the harsh realities of homeless teen life through live mannequins, eye-opening messaging and scripted interactions. Thousands of views turned into millions when Upworthy, a website for viral content, picked up the video, along with *Take a Closer Look*, another PSA Bellefaire had released the previous year. Combined, the two campaigns reached more than 16 million views worldwide.

## Hope Grows Here

A 2,000 square foot therapeutic garden and outdoor classroom was installed on campus by Fostering Hope and volunteers from Liberty Mutual. Dedicated to enriching the lives of children in foster care and residential treatment, Fostering Hope spent countless hours creating the amazing garden, complete with tea, fairy, vegetable, pizza, herb and butterfly gardens; a lending library; and a classroom area where kids followed a special curriculum. The garden also provides a unique retreat for children and staff to spend quiet time in a natural environment.



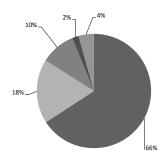
# Program Highlights

- Bellefaire JCB served 22,000 children, youth, family and community members.
   The number of families served continues to grow through expanded programming, use of technology such as webinars and Bellefaire's efforts to continue to meet the growing needs of the community.
- Monarch School enrolled more than 155 students from seven states and 75 school districts nationwide.
- The Monarch Boarding Academy continued to grow with the opening of a new cottage in 2015-16. Referrals came in from across the nation as Monarch's profile of excellence is reached an ever-broader audience. Residents from 8-10 states can be found in this program.
- During the 2015-16 academic year, Bellefaire's School-Based Program placed 60 counselors and social workers in over 74 schools in districts throughout the region including: Cleveland Metropolitan School District; East Cleveland City; Lakewood City; and the Constellation LLC charter schools; Lorain; and the Euclid school system. During Fiscal Year 2016, staff worked with more than 1,600 children who were referred by teachers and administrators because of behavior problems or mental/behavioral health issues.
- The psychiatric and tele-psychiatry program at Bellefaire continued in earnest and grew this year. A total of 10 psychiatrists served hundreds of clients while tele-psychiatrists who maintain their Ohio licensures operated out of such farflung reaches as Israel and Washington, D.C.

- This past year, Social Advocates for Youth (SAY) was proud to offer its services to more than 3,000 teens and family members in eight east suburban school districts, including Cleveland Heights-University Heights, Beachwood, Orange, Shaker Heights, Solon, and South Euclid/Lyndhurst.
- SAY staff continued to actively participate in the Cuyahoga County Opiate Task Force Partnership for Prevention (CCOTF).
- JDN was renewed for 5 Stars, the highest possible rating, by Step Up To Quality

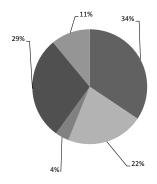
   a voluntary quality rating system that recognizes the efforts of licensed early
   care and education programs that help prepare children for success in school,
   work and life.
- We started providing Early Childhood Consultation services through Whole Child Matters funding. The funding, provided by ODMHAS, supports the Georgetown Consultation model with children from birth to age 8.
- Residential Treatment continued to reach out across the state and nation to become a preferred service provider for children in crisis. As such, throughout the course of FY 2016, the residential units maintained exceptionally high census numbers, operating near capacity.

# Financial Highlights



### **Expenses by Type**

- Salary / Benefits
- Professional Fees
- Occupancy
- Development
- Depreciation / Equipment



### **Expenses by Program**

- Residential / Group Services
- Community Services
- Foster Care / Adoption
- Education / Prevention
- General / Administrative / Fundraising

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Bellefaire JCB is an innovative organization that provides exceptional care, education, and advocacy to enhance the emotional, physical and intellectual well-being of children, young adults, and families in the Jewish and general communities.

